

# Routine Migraine Screening

## A Must for Women's Health

The American Headache Society recommends annual migraine screening for women from adolescence to menopause.

### Early detection:

- ✓ improves treatment,
- ✓ quality of life, and
- ✓ reduces long-term health burdens.



## The Need for Screening

Migraine impacts 15% of people worldwide and is the top cause of disability for women under 50.



 Many women remain underdiagnosed or undertreated.

 Simple tools such as the ID Migraine questionnaire can be added to routine checkups for early detection.

## Benefits of Screening



**Early diagnosis** leads to effective treatment, lower costs and improved quality of life.



**Managing migraine** reduces missed workdays and boosts productivity.

Annual migraine screening should be part of women's preventive care – reducing personal and societal impact.



The Headache & Migraine  
Policy Forum